

Suggested Schedule for Home Schooling 1st grade

- Trust your children as learners, trust yourself as a teacher. Remember that parents are first teachers and the most important teachers for their children.
- As previously recommended establish a KHAN ACADEMY account for your student. You will need to register your email address. To register go to www.khanacademy.org Khan Academy is free to everyone. Khan Academy is aligned with Common Core standards. Your students progress will be individualized and recorded.

(Text in blue below are live links.)

Time	Activity
8am - 8:30am	Breakfast/Get ready (Yes. Change out of PJs)
8:45am - 9:30am	<p>www.khanacademy.org</p> <p>For students with stronger literacy and motor skills: Khan Academy Kindergarten, 1st grade and 2nd grade math can be appropriate. Ideally a parent or older sibling sits next to them while doing this.</p> <p>Course challenges and unit tests can be used to accelerate through material. For students with minimal gaps, they should be able to get through a previous year's content in 1-3 hours.</p> <p>Khan Academy Kids (ideally doing it while sitting next to a parent or older sibling giving them positive feedback for effort). Khan Academy kids starts at the basics of letters, numbers, and social emotional learning and goes through the first grade standards in math, reading, writing and social emotional learning.</p>
9:30am - 10am	Play. Ideally outside if weather permits.

10am - 10:45 am	<p>Reading time. Ideally this would be time to read next to a parent or sibling. If students are ready, they can read on their own.</p> <p>Suggested books (by reading level):</p> <ul style="list-style-type: none"> • There are 100+ books that students can read or have read to them on Khan Academy Kids • The ALSC summer reading list is also a great resource
10:45am - 11:20am	Break. Ideally run around and play outside. Have a snack.
11:20am - 12pm	<p>Writing practice</p> <ul style="list-style-type: none"> • Write and illustrate a story about your future self. What will your life be like as an adult? • Draw a picture of what you think a virus looks like. Tell about the different parts and how you think they work.
12pm - 1pm	Lunch - Listen to an educational podcast! Try Wow in the World! If you like science, Stories Podcast or Circle Round to hear a story, or Noodle Loaf to learn about music!
1pm-1:45	Relax, go outside, playtime with family.
1:45- 2:30	Khan Math practice # 2 or Free Choice Reading
2:30- 3:15	Creativity time- no screens allowed: sing, dance, draw, make things, STEM challenge
3:15- 7:00	Relax, go outside, wash, enjoy dinner playtime with family.
7-8pm	Lights out, time to sleep!

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https://docs.google.com/document/u/1/d/e/2PACX-1vSZhOdEPAWjUQpqDkVAIJrFwxxZ9Sa6zGOq0CNRms6Z7DZNq-tQWS3OhuVCUbh_-P-WmksHAzbsrk9d/pub?utm_email_kaid=kaid_523975826514969860170816&utm_source=Sailthru&utm_medium=email&utm_campaign=031920-Teacher-RemoteLearningEmail%233&utm_term=All%20Teachers#kix.ow2y2mp5ko1s